



NATIONAL SHRINE OF SAINT FRANCIS OF ASSISI

SERVED BY THE CAPUCHIN FRANCISCANS

Very Reverend John De La Riva, O.F.M. Cap., Rector

**MOST REVEREND SALVATORE J. CORDILEONE, J.C.D.
ARCHBISHOP OF SAN FRANCISCO**

March 3, 2019

Eighth Sunday in Ordinary Time

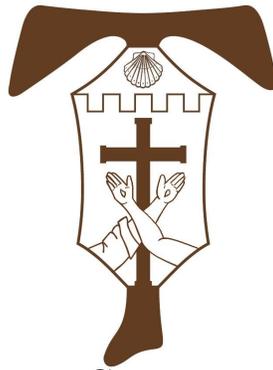
“Remove the wooden beam from your eye first;
then you will see clearly to remove the splinter in your brother's eye.

— Lk 6:42

MASS TIMES

MONDAY — SATURDAY:
12:15 PM

SUNDAY: 11:00 AM



CONFESSIONS

MONDAY—SATURDAY:
11:00 AM—12:00 Noon

Also by appointment

NATIONAL SHRINE HOURS

**HISTORIC CHURCH: 10:00AM - 5:00PM MONDAY - SATURDAY
10:00AM - 2:00PM SUNDAY**

OPEN CERTAIN HOLIDAYS

**PORZIUNCOLA CHAPEL: 10:00AM - 4:00PM MONDAY - SATURDAY
10:00AM - 2:00PM SUNDAY**

SATURDAYS IN THE CHAPEL:

HOLY ROSARY SODALITY AT 2:30PM & CHAPLET OF DIVINE MERCY AT 3:00PM

FIRST SATURDAYS IN THE HISTORIC CHURCH:

ST. PADRE PIO PRAYER GROUP 10AM—1PM

Marriages at the Shrine • By special permission • All inquiries: Please contact the Shrine office for Rector's initial assessment • Note: Arrangements at least six months in advance

Baptism • Contact the Shrine office for details

Church & Office: 610 Vallejo Street (at Columbus) San Francisco, CA 94133

Office: (415) 986-4557 **Hours:** Mon. - Fri. 9:00 am - 5:00 pm

Email: info@shrinesf.org **Website:** ShrineSF.org



ELEVATOR ACCESS: Please ask the Rector or one of our Shrine volunteers if you need assistance with our Main Church elevator, or automatic door for the Porziuncola Nuova chapel.

SUNDAY'S READINGS

First Reading — One's speech shows the bent of one's mind. Praise no one before he or she speaks (*Sirach 27:4-7*).

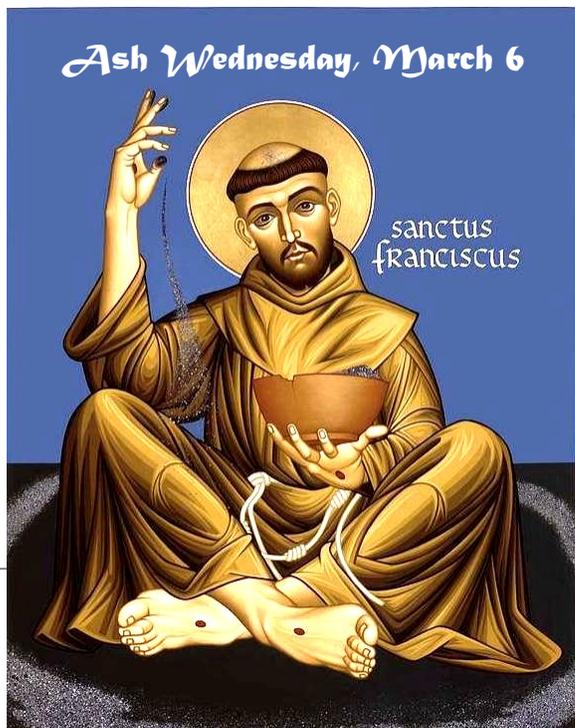
Psalm — Lord, it is good to give thanks to you (*Psalm 92*).

Second Reading — We are given victory over death through Jesus. In the Lord our labor is not in vain (*1 Corinthians 15:54-59*).

Gospel — A good person produces good, an evil person produces evil. The mouth speaks from the goodness of the heart (*Luke 6:39-45*).

DAILY MASS READINGS

- Monday:** *St. Casimir*
Sir 17:20-24; Ps 32:1-2, 5-7; Mk 10:17-27
- Tuesday:** Sir 35:1-12; Ps 50:5-8, 14, 23; Mk 10:28-31
- Wednesday:** *Ash Wednesday*
Jl 2:12-18; Ps 51:3-6ab, 12-14, 17;
2 Cor 5:20 — 6:2; Mt 6:1-6, 16-18
- Thursday:** *Ss. Perpetua & Felicity, Martyrs*
Dt 30:15-20; Ps 1:1-4, 6; Lk 9:22-25
- Friday:** *St. John of God, Religious*
Is 58:1-9a; Ps 51:3-6ab, 18-19; Mt 9:14-15
- Saturday:** *St. Frances of Rome, Religious*
Is 58:9b-14; Ps 86:1-6; Lk 5:27-32



Blessing of St. Francis of Assisi

“God bless you and keep you. May God smile on you, and be merciful to you; May God turn his regard towards you and give you peace. May God bless you.”

Mass Intentions — MARCH 3 to 9

Sunday	11:00 am	† Bill Revette
Monday	12:15 pm	Sergio Gomez (<i>Intention</i>)
Tuesday	12:15 pm	Robert (<i>Health</i>)
Wednesday	12:15 pm	† Salvador & Clementina Navarro
	7:00 pm	For the Bishops and Clergy of the Church
Thursday	12:15 pm	Laura de Lara (<i>Healing</i>)
Friday	12:15 pm	Fr. Christopher La Rocca, O.C.D. (<i>Intention</i>)
	7:00 pm	† Edward Palty
Saturday	12:15 pm	Joseph Price (<i>Intention</i>)

WOULD YOU LIKE TO HAVE A MASS SAID IN HONOR OR MEMORY OF SOMEONE?

Simply visit the Mass Intentions page of the Shrine website to find and request available dates and make offerings online:

<http://www.shrinesf.org/mass-intentions.html>

or, email or call the Shrine office— admin@shrinesf.org, (415) 986-4557.



NATIONAL SHRINE OF ST. FRANCIS OF ASSISI

Lent ~ 2019

Regular Schedule

Confession: Monday - Saturday 11:00 am – 12:00 Noon
Mass: Monday - Saturday 12:15 pm
Sunday Mass: 11:00 am



Ash Wednesday, March 6th
Confession: 11:00 am – 12:00 Noon
& 5:45 pm – 6:45 pm
Mass: 12:15 pm & 7:00 pm
* Distribution of ashes at each Mass
Shrine Church Hours:
10:00 am – 8:00 pm



Wednesdays of Lent

Confession: 11:00 am – 12:00 Noon
& 5:45 pm – 6:45 pm
Mass: 12:15 pm and 7:00 pm

Shrine Church Hours: 10:00 am – 8:00 pm

Fridays of Lent * Except Good Friday

Stations of the Cross: 1:00 pm
Exposition of the Blessed Sacrament: 5:00 pm – 6:45 pm
(Concluding with Benediction)
Confession: 5:15 pm – 6:45pm
Mass: 7:00 pm

Confession (after Mass): 7:45 pm - 9:00 pm
Shrine Church Hours: 10:00 am – 9:00 pm

- ◆ The season of Lent has a distinctly penitential and baptismal character.
- ◆ It is a period of purification and enlightenment as it coincides with the immediate preparations for the Church's celebrations of sacraments of initiation.
- ◆ The Church mandates that the **faithful are obliged to receive Holy Communion at least once per year**, during the Easter season if not at another time during the year.
- ◆ For baptized children preparing to receive their first Holy Communion, Lent is an appropriate time for them to celebrate the Sacrament of Penance for the first time during the Easter season.

Disciplines and Guidelines



Fasting and Abstinence are to be observed during (*Canon 1251*):



Ash Wednesday



Friday of Passion of Our Lord



All Fridays

All Fridays through the year and the time of Lent are penitential days and times throughout the entire Church. (**Canon 1250**)

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It is obligatory for:



Catholics who are **14** years old until death are bound to practice the **law of abstinence**.



and Catholics who are **18 - 59** years old are bound to practice the **law of fasting**.

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Law of Fasting



1 Regular Meal



and **2** Small meals

which if added together **would not exceed** the main meal in quantity

The fast is **broken** by eating between meals and by drinks which could be considered food (milk shakes, but not milk).

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Law of Abstinence



NO MEAT
(i.e., flesh and organs of mammals and fowls)



Fish, shellfish amphibians & reptiles are allowed.

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The Capuchins

Reflections on the Wisdom from St. Francis

by Fr. Bobby

Therefore, let us desire nothing else, let us want nothing else, let nothing else please us and cause us delight except our Creator, Redeemer and Savior, the only true God. First Rule, Chapter XXIII.

The point of a life of penance for St. Francis was simple: to help us focus on God. This focus means to remember that all is gift, that all goodness comes from God. Our response to the divine generosity should be to live lives of generous love. This is what Francis learned from the embrace of the leper, and what he tried to keep before him all his life. Francis would remind his brothers and sisters that the time of Lent is a good opportunity to look at our priorities and ask the grace of God to keep our focus. God bless and keep you always!

Fr. Robert Barbato, OFM Cap. is the pastor of Old Mission Santa Inés in Solvang, CA.



Discerning a vocation?

Could a friar's life be for you?

Contact: Fr. Peter Banks, OFM Cap.

Email: peterbanksofmcap@yahoo.com; Phone: 805.686.4127

Website: www.BeAFriar.com

Want to talk about your vocation questions?

Fr. John, the Shrine Rector can be available—contact the Shrine office. Peace

News and Events

MISSION DOCTORS RETREAT

Mission Doctors Association will offer the **2019 West Coast Retreat/Seminar, March 29—31**, for Catholic doctors, nurse practitioners and physician assistants considering short-term mission service.



This will be held at Loyola Marymount University, Los Angeles. This weekend is offered free of charge to those considering serving at a Mission Hospital or Clinic. Visit the website: www.MissionDoctors.org or call (213) 368-1872 for more information.

ASSISI PARDON

PORZIUNCULA PARDON is always available under the conditions the Catholic Church has stipulated.

The conditions for receiving the Porziuncula Pardon are:

To receive the Porziuncula Indulgence, one must receive sacramental absolution and receive Holy Communion at Mass. Additionally, one must visit a church where one prays at least the Creed and an Our Father for the intentions of the Pope. Additionally, one must be completely free of any attachment to sin; if this condition is not met, the indulgence is partial rather than plenary.

At the National Shrine of St. Francis of Assisi, the Pardon of Assisi may be received on October 4th, the Feast of St. Francis of Assisi (in the Shrine Church); on any two days of one's own choosing during the year (one day in the Church and one day in the Porziuncula Nuova); and as often as one makes a formal pilgrimage as part of a group to the Shrine Church or to the Porziuncula Nuova. (One may receive a plenary indulgence only once a day and it may be applied to oneself or to the soul of one of the faithfully departed.)

CATHOLIC RESOURCES

RELEVANT RADIO: San Francisco—Bay Area—**KSFB – 1260 AM**, plus now on **101.7 FM**
Live Stream : www.relevantradio.com, Click  at the top of the webpage

TV MASS: Sundays at 6:00am on KTSF Channel 26 and KOFY Channel 20.

Archbishop Cordileone's New Video Channel:

Please visit: <http://sfarchdiocese.org/home/archbishop/video-series-with-archbishop-cordileone>
EWTN (Eternal Word Television Network) Videos—Television, Online Live Streaming & Radio
<http://www.ewtn.com/multimedia/live.asp>

VATICAN YOUTUBE CHANNEL <https://www.youtube.com/user/vatican#p/a>

BIBLIACLERUS http://www.clerus.org/bibliaclerus/index_eng.html

"This program offers Sacred Scripture, its interpretation in light of Sacred Tradition and the teachings of the Magisterium, with appropriate theological commentary and exegesis."

CATHOLIC CATECHISM COMPENDIUM

http://www.vatican.va/archive/compendium_ccc/documents/archive_2005_compendium-ccc_en.html

Any and all signs, posters, fliers, pamphlets, booklets, etc. must be submitted to the Rector for review, possible edit or revision, and necessary authorization before the desired materials can be properly posted, displayed or distributed on the properties of the *National Shrine of St. Francis of Assisi. Furthermore, any and all Solicitation, petition signing, and promotion of any and all entities outside of the Nat'l. Shrine itself is prohibited without prior approval of the Shrine Rector. It is also Shrine Policy that the removal, altering, and/or discarding of any and all approved signage, posters, pamphlets, booklets, etc. will be by Shrine Rector authorization only. Any and all materials that do not abide by this Policy of the Rector: Fr. John De La Riva, OFM Cap., will be removed and confiscated.

*Please note: The St. Francis Church, the Portiuncula Nuova Chapel, and the Rectory residence together constitute the properties of the National Shrine of St. Francis of Assisi.