



THE NATIONAL SHRINE OF SAINT FRANCIS OF ASSISI

SERVED BY THE CAPUCHIN FRANCISCANS

The Very Reverend John De La Riva, O.F.M. Cap., Rector

MOST REVEREND SALVATORE J. CORDILEONE, J.C.D.

ARCHBISHOP OF SAN FRANCISCO

Third Sunday of Lent

February 28, 2016

Merciful and gracious is the Lord,
slow to anger and abounding in kindness.

— *Psalm 103:8*

MASS

Sunday 11:00 AM

Monday - Saturday 12:15 PM

CONFESSIONS

Monday - Saturday 11:00 AM - 12 noon (and by appointment)

NATIONAL SHRINE VISITATION

OPEN CERTAIN HOLIDAYS

CHURCH: 10:00 - 5:00 MONDAY - SATURDAY

PORZIUNCOLA CHAPEL: 10:00 - 5:00 DAILY

SATURDAYS IN THE CHAPEL:

HOLY ROSARY SODALITY AT 2:30 & CHAPLET OF DIVINE MERCY AT 3:00

Please visit us on the Web, at: www.ShrineSF.org for information about the National Shrine of St. Francis, and the Archdiocese of San Francisco.

While there, click on our on-line Gift shop: **SHOPPE AT THE SHRINE**, where you'll find a vast assortment of religious goods. **Note** that a percentage of all sales goes to support the life and mission of the National Shrine of St. Francis of Assisi.

Find us on Facebook: National Shrine of Saint Francis of Assisi

ELEVATOR ACCESS: Please ask the Rector or one of our Shrine volunteers if you need assistance with our Main Church elevator, or automatic door for the Porziuncola Nuova chapel.

610 Vallejo Street @ Columbus
San Francisco, CA 94133
P: 415 986-4557 - info@shrinesf.org

Saint Francis of Assisi QUOTE OF THE WEEK

"Where there is hatred, let me sow love."

Mass Intentions—February 28-March 5, 2016

Sunday	11:00 am	+Donald Tyson (Requested by Steve and Jeanette Ferin)
Monday	12:15 pm	+Samuel J. & Mary Rose Mantione (Requested by Joseph Mantione)
Monday	7:00 pm	Julia Reyes (Family)
Tuesday	12:15 pm	+Jack D'Alba (Requested by Theresa D'Alba)
Wednesday	12:15 pm	+Patricia R. Barton (Requested by J.C. Scarborough & Family)
Thursday	12:15 pm	+Samuel J. & Mary Rose Mantione (Requested by Joseph Mantione)
Thursday	7:00 pm	Mitchell Foster & Parents, Patricia & Michael
Friday	12:15 pm	Theresa D'Alba Intention (Requested by Theresa D'Alba)
Friday	7:00 pm	+Samuel J. & Mary Rose Mantione (Requested by Joseph Mantione)
Saturday	12:15 pm	Sister Marie Therese (Requested by Patricia Wilson)

LENT SCHEDULE

In addition to our regularly scheduled services,

MONDAY & THURSDAY

Confessions: 4:30-6:45pm & Holy Mass 7:00 pm

FRIDAY

Stations of the Cross 4:00—4:45 pm

Exposition and Adoration of the Blessed Sacrament: 5:00-6:45 pm

Confessions: 5:15-6:30 pm

Holy Mass: 7:00 pm

Friday schedule concludes on the last Friday prior to Holy Week—March 18th

Lenten Evening Schedule ends on Monday, March 21st.

Shrine Church Hours Extended on Monday, Thursday & Friday during Lent 10:00 am—8:00 pm

PLEASE NOTE: There will be no Evening Confessions nor Mass on Monday, March 7th
(The Shrine Church will be closed after the 12:15 pm Mass)

The Shrine Church will be closed on **March 8th & 9th—No Masses & No Confessions**

There will be no Evening Confessions nor Mass on Thursday, March 17th
(The Shrine Church will be closed after the 12:15pm Mass)

HOLY WEEK & EASTER SCHEDULE

Holy Thursday: 7:00pm + Mass of the Lord's Supper

(Conclude: Procession to Altar of Repose in Porziuncola Nuova Chapel – Adoration)

Good Friday: 12 noon + Stations of the Cross

3:00pm Liturgy of the Lord's Passion (Followed by Veneration of the Cross, Communion)

6:00pm—9:00pm Confessions

Easter Sunday Mass—11:00 am

National Shrine of Saint Francis of Assisi

JOB VACANCY: - Now Hiring

ADMINISTRATIVE ASSISTANT

Please visit our website: ShrineSF.org for more information and job description.

★ All signs, posters, fliers, pamphlets, booklets, etc. must be submitted to the Rector for review, possible edit or revision, and necessary authorization before the desired materials can be properly posted, displayed or distributed on the properties of the National Shrine of St. Francis. (The Main Shrine Church and the Porziuncola Nuova Chapel together constitute the National Shrine.) Any and all materials that do not abide by this Policy, of the Rector:, Fr. John De La Riva, OFM Cap., will be confiscated and removed. Cooperation is appreciated.

TODAY'S READINGS

First Reading — The Lord God appears to Moses and directs him to go and deliver the Israelites from Egypt (Exodus 3:1-8a, 13-15) or Exodus 17:3-7.

Psalm — The Lord is kind and merciful (Psalm 103) or Psalm 95.

Second Reading — We are not to grumble like the people with Moses in the desert (1 Corinthians 10:1-6, 10-12) or Romans 5:1-2, 5-8.

Gospel — If you do not repent, you will all perish (Luke 13:1-9) or John 4:5-42 [5-15, 19b-26, 39a, 40-42].



"I AM"

Kindness and mercy are what the enslaved people of Israel needed, and they came in the form of deliverance. They came through a leader, Moses,

who was once plucked from the Nile River and was now herding his father-in-law's sheep in the land of Goshen. The bush that burned but was not consumed shows us that God is inexhaustible mystery.

Moses' awe and deference are mixed with a touching conversational tone as he seeks to learn God's name. And God sweetly responds. The somewhat abstract "I AM" distinguishes the God of Abraham and Isaac and Jacob from the minor gods in the territory who "are not." They are helpless, powerless, and useless. Moses is to step out into an amazing future, and God will be there with outstretched arm. Just go and see, God seems to say. *Copyright © J. S. Paluch Co.*

Year of Mercy Prayer from Pope Francis

Lord Jesus Christ, you have taught us to be merciful like the heavenly Father, and have told us that whoever sees you sees Him.

Show us your face and we will be saved. Your loving gaze freed Zacchaeus and Matthew from being enslaved by money; the adulteress and Magdalene from seeking happiness only in created things; made Peter weep after his betrayal, and assured Paradise to the repentant thief.

Let us hear, as if addressed to each one of us, the words that you spoke to the Samaritan woman: "If you knew the gift of God!"

You are the visible face of the invisible Father, of the God who manifests his power above all by forgiveness and mercy: let the Church be your visible face in the world, its Lord risen and glorified.

You willed that your ministers would also be clothed in weakness in order that they may feel compassion for those in ignorance and error: let everyone who approaches them feel sought after, loved, and forgiven by God.

Send your Spirit and consecrate every one of us with its anointing, so that the Jubilee of Mercy may be a year of grace from the Lord, and your Church, with renewed enthusiasm, may bring good news to the poor, proclaim liberty to captives and the oppressed, and restore sight to the blind.

We ask this of you, Lord Jesus, through the intercession of Mary, Mother of Mercy; you who live and reign with the Father and the Holy Spirit for ever and ever. Amen.

DAMAGE

Hatred does more damage to the person in whom it is stored than to the person on whom it is poured.
—Anonymous



Rite of Christian Initiation for Adults (RCIA):

For our visitors and friends at the National Shrine of Saint Francis of Assisi, if you are interested in becoming a Catholic or completing your Sacraments of Initiation of First Communion and/or Confirmation, or you know someone who is, you are invited to contact our Neighbor Parish—Saints Peter & Paul—666 Filbert Street to inquire about their RCIA and sacramental program offerings. Call Janet Ross at 771-9130, or send an email to janetross9849@yahoo.com

IMMACULATE HEART RADIO San Francisco—Bay Area— **KSFB – 1260 AM**

Live Stream : <http://ihradio.com/media/sanfrancisco.html>

CATHOLIC TV MASS: Sundays at 6:00am on KTSF Channel 26 and KOFY Channel 20.

Archbishop Cordileone's New Video Channel:

Please visit: <http://sfarchdiocese.org/home/archbishop/video-series-with-archbishop-cordileone>

EWTN (Eternal Word Television Network) Videos— Television, Online Live Streaming & Radio

<http://www.ewtn.com/multimedia/live.asp>

VATICAN YOUTUBE CHANNEL <https://www.youtube.com/user/vatican#p/a>

BIBLIACLERUS http://www.clerus.org/bibliaclerus/index_eng.html

"This program offers Sacred Scripture, its interpretation in light of Sacred Tradition and the teachings of the Magisterium, with appropriate theological commentary and exegesis."

CATHOLIC CATECHISM COMPENDIUM

http://www.vatican.va/archive/compendium_ccc/documents/archive_2005_compendium-ccc_en.html

CORPORAL & SPIRITUAL WORKS OF MERCY

The corporal and spiritual works of mercy are charitable actions by which we come to the aid of our neighbors in their spiritual and bodily necessities. The spiritual and corporal works of mercy seek to help alleviate human misery – material deprivation, unjust oppression, physical and psychological illness and death. Such misery is an obvious sign of our inherited human frailty and need for salvation as a consequence of original sin. We are obliged to perform the works of mercy, according to our own ability and the need of our neighbors. It is important to remember that ordinary deeds done every day to receive the corporal or spiritual needs of others are true works of mercy, if done with the love of God. Taking care of children, teaching children and adults about the faith, caring for elderly parents or a sick child or spouse are some Additional examples.



Corporal Works of Mercy

- * feed the hungry * give drink to the thirsty *
- * clothe the naked * shelter the homeless *
- * visit the sick * visit the imprisoned * bury the dead.

Spiritual Works of Mercy

- * counsel the doubtful * instruct the ignorant *
- * admonish sinners * comfort the afflicted *
- * forgive offenses * bear wrongs patiently*
- * pray for the living and the dead.

EXAMINATION OF CONSCIENCE

Before celebrating the Sacrament of Penance, one should prepare themselves with an examination of conscience.

I am the Lord your God: you shall not have strange Gods before me. Have I treated people, events, or things as more important than God?

You shall not take the name of the Lord your God in vain. Have my words, actively or passively, put down God, the Church, or people?

Remember to keep holy the Lord's Day. Do I go to Mass every Sunday (or Saturday Vigil) and on Holy Days of Obligation Do I avoid, when possible, work that impedes worship to God, joy for the Lord's Day, and proper relaxation of mind and body?

Honor your father and your mother. Do I show my parents due respect? Do I seek to maintain good communication with my parents where possible? Do I criticize them for lacking skills I think they should have?

You shall not kill. Have I harmed another through physical, verbal, or emotional means, including gossip or manipulation of any kind?

You shall not commit adultery. Have I respected the physical and sexual dignity of others and of myself?

You shall not steal. Have I taken or wasted time or resources that belonged to another?

You shall not bear false witness against your neighbor. Have I gossiped, told lies, or embellished stories at the expense of another?

You shall not covet your neighbor's spouse. Have I honored my spouse with my full affection and exclusive love?

You shall not covet your neighbor's goods. Am I content with my own means and needs, or do I compare myself to others unnecessarily?

Blessing of St. Francis of Assisi

“God bless you and keep you. May God smile on you, and be merciful to you; May God turn his regard towards you and give you peace. May God bless you.”

ASSISI PARDON

PORZIUNCULA PARDON is always available under the conditions the Catholic Church has stipulated.

The conditions for receiving the Porziuncula Pardon are:

To receive the the Porziuncula Indulgence on August 2, one must receive sacramental absolution and receive Holy Communion at Mass during the Period beginning eight days before the Feast of Our Lady of the Angels and ending eight days after August 2. Additionally, on August 2 itself, one must visit a church where one prays at least the Creed and an Our Father for the intentions of the Pope. Additionally, one must be completely free of any attachment to sin; if this condition is not met, the indulgence is partial rather than plenary.

However, at the National Shrine of St. Francis of Assisi, the Pardon of Assisi may be received on August 2 (either at the Shrine Church or the Porziuncula Nuova chapel); on October 4th, the Feast of St. Francis of Assisi (in the Shrine Church); on any two days of one's own choosing during the year (one day in the Church and one day in the Porziuncula Nuova); and as often as one makes a formal pilgrimage as part of a group to the Shrine Church or to the Porziuncula Nuova. (One may receive a plenary indulgence only once a day and it may be applied to oneself or to the soul of one of the faithfully departed. All the same conditions as on August 2nd apply.)