



THE NATIONAL SHRINE OF SAINT FRANCIS OF ASSISI

SERVED BY THE CAPUCHIN FRANCISCANS

The Very Reverend John De La Riva, O.F.M. Cap., Rector

MOST REVEREND SALVATORE J. CORDILEONE, J.C.D.

ARCHBISHOP OF SAN FRANCISCO

Second Sunday of Lent

February 21, 2016

The Lord is my light and my salvation;
whom should I fear?

— *Psalm 27:1*

MASS

Sunday 11:00 AM

Monday - Saturday 12:15 PM

CONFESSIONS

Monday - Saturday 11:00 AM - 12 noon (and by appointment)

NATIONAL SHRINE VISITATION

OPEN CERTAIN HOLIDAYS

CHURCH: 10:00 - 5:00 MONDAY - SATURDAY

PORZIUNCOLA CHAPEL: 10:00 - 5:00 DAILY

SATURDAYS IN THE CHAPEL:

HOLY ROSARY SODALITY AT 2:30 & CHAPLET OF DIVINE MERCY AT 3:00

Please visit us on the Web, at: www.ShrineSF.org for information about the National Shrine of St. Francis, and the Archdiocese of San Francisco.

While there, click on our on-line Gift shop: **SHOPPE AT THE SHRINE**, where you'll find a vast assortment of religious goods. **Note** that a percentage of all sales goes to support the life and mission of the National Shrine of St. Francis of Assisi.

ELEVATOR ACCESS: Please ask the Rector or one of our Shrine volunteers if you need assistance with our Main Church elevator, or automatic door for the Portiuncula Nuova chapel.

610 Vallejo Street @ Columbus
San Francisco, CA 94133
P: 415 986-4557 - info@shrinesf.org

Order of Friars Minor Capuchins (O.F.M. Cap.) www.olacapuchins.org

Saint Francis of Assisi QUOTE OF THE WEEK

Beware and abstain from every evil and persevere in good till the end.

Mass Intentions—February 14-February 20, 2016

Sunday	11:00 am	+Patricia Hayden (Requested by Robert & Laura Hayden)
Monday	12:15 pm	+James Carroll (Requested by Timothy Lang)
Tuesday	12:15 pm	Theresa D'Alba Intention
Wednesday	12:15 pm	+Patricia R. Barton (Requested by J.C. Scarborough & Family)
Thursday	12:15 pm	+Samuel J. & Mary Rose Mantione (Requested by Joseph Mantione)
Friday	12:15 pm	Theresa D'Alba Intention
Saturday	12:15 pm	+Samuel J. & Mary Rose Mantione (Requested by Joseph Mantione)

SAINTS AND SPECIAL OBSERVANCES

Sunday: Second Sunday of Lent

Monday: The Chair of St. Peter the Apostle; Washington's Birthday

Tuesday: St. Polycarp

Friday: Abstinence

LENT SCHEDULE

In addition to our regularly scheduled services,

MONDAY & THURSDAY

Confessions: 4:30-6:45pm

Holy Mass 7:00 pm

FRIDAY

Stations of the Cross 4:00—4:30 pm

Exposition and Adoration of the Blessed Sacrament: 5:00-6:45 pm

Confessions: 5:15-6:30 pm

Holy Mass: 7:00 pm

Friday schedule concludes on the last Friday prior to Holy Week—March 8th

Shrine Church Hours Extended on Monday, Thursday & Friday during Lent

10:00 am—8:00 pm

PLEASE NOTE: There will be no Evening Confessions & Mass on Monday, March 7th

The Shrine Church will be closed on March 8th & 9th—No Masses & No Confessions

Lent/Easter Season:

Palm Sunday-March 20;

Good Friday March 25;

Easter Sunday March 27;

Divine Mercy Sunday-April 3

National Shrine of Saint Francis of Assisi

JOB VACANCY: - Now Hiring

ADMINISTRATIVE ASSISTANT

Please visit our website: ShrineSF.org for more information and job description.



Please be aware that Mass intentions are properly applied to, and for the benefit of: deceased person *(except for Canonized Saints, who the Church, by authority of the Pope publicly declares that they are in heaven – enjoying the Beatific Vision), and the living (whether for the sick, dying, or for a special intention).



All signs, posters, fliers, pamphlets, booklets, etc. must be submitted to the Rector for review, possible edit or revision, and necessary authorization before the desired materials can be properly posted, displayed or distributed on the properties of the National Shrine of St. Francis. (The Main Shrine Church and the Porziuncola Nuova Chapel together constitute the National Shrine.) Any and all materials that do not abide by this Policy, of the Rector:, Fr. John De La Riva, OFM Cap., will be confiscated and removed. Cooperation is appreciated.

TODAY'S READINGS

First Reading- The Lord made a covenant with his faithful servant, Abram, saying, "To your descendants I give this land" (Genesis 15:5-12, 17-18).

Psalm- The Lord is my light and my salvation (Psalm 27).

Second Reading — We await the Lord Jesus, who will change us to conform with his glorified body (Philippians 3:17- 4:1 [3:20 — 4:1]).

Gospel- Peter, James, and John witness the transfiguration of Jesus on the mountain (Luke 9:28b-36).

WE ARE TO BE TRANSFORMED

Today's showing forth of God's glory is filled with a light that astonishes and reveals. Jesus transfigured on Mount Tabor energizes even the sleepy apostles, who see but cannot get hold of it. They can be forgiven for not apprehending the full meaning of this extraordinary vision of a transfigured Jesus with Elijah and Moses. The whole of the Law and prophets is summed up here on this mountain.

The transfiguration on Mount Tabor is handed over to us this Sunday. As Paul reminds us, it is we who are to be transformed. The light and life of the Resurrection are set forth here so we do not lose heart and fall entirely asleep. This Sunday looks to Easter. It looks to transformation. It asks us to lift up our heads and acknowledge the risen Lord as our light and our salvation. *Copyright © J. S. Paluch Co.*

Drama: Thérèse, The Story of a Soul

Wednesday, February 24, 7:00 pm
Star of the Sea Church, Parish Hall,
4420 Geary Blvd., San Francisco

Thérèse: The Story of a Soul is a face-to-face encounter with Saint Thérèse of Lisieux, one of the most beloved saints of modern times. In this one-woman performance, Thérèse speaks directly to the audience with humor, grace and humility. Tickets are not required; (free-will offering). Visit [Star of the Sea Website](#) for more information.

Jubilee Year of Mercy

Pope Francis wants "Twenty-four Hours for the Lord," around-the-clock availability of the sacrament of reconciliation, implemented worldwide this Friday and Saturday.



Celebrated with his oft-recommended "tenderness," the sacrament is "a source of true interior peace," says Francis, enabling people "to touch the grandeur of God's mercy with their own hands" (Misericordiae Vultus, 17). In Luke's Gospel, Jesus warns us against judging others. Focus instead, Jesus says, on deepening—or restoring—our own relationship with God, for during this Lenten springtime that Master Gardener can use even life's manure (the parable's "fertilizer") to coax fresh fruit from a tree that seems hopelessly barren—us! Parishes preparing catechumens may choose John's Gospel, which likewise cautions against judging. Imagine what the Samaritan woman's lifelong neighbors thought of her multiple relationships. But by discovering Jesus, then sharing her good news—and Jesus—with those very neighbors, she whom they had probably judged quite sinful became instead their evangelist and "missionary of mercy." —*Peter Scagnelli, Copyright © J. S. Paluch Co., Inc. Papal quotes Copyright © 2015, Libreria Editrice Vaticana. Used with permission.*

LET NOTHING DISTURB YOU

Let nothing disturb you, nothing frighten you.
All things are passing. God never changes. Patient endurance attains all things. Whoever possesses God lacks nothing, God alone is sufficient. —St. Teresa of Ávila

Rite of Christian Initiation for Adults (RCIA):

For our visitors and friends at the National Shrine of Saint Francis of Assisi, if you are interested in becoming a Catholic or completing your Sacraments of Initiation of First Communion and/or Confirmation, or you know someone who is, you are invited to contact our Neighbor Parish—Saints Peter & Paul—666 Filbert Street to inquire about their RCIA and sacramental program offerings. Call Janet Ross at 771-9130, or send an email to janetross9849@yahoo.com

IMMACULATE HEART RADIO San Francisco—Bay Area— **KSFH – 1260 AM**

Live Stream : <http://ihradio.com/media/sanfrancisco.html>

CATHOLIC TV MASS: Sundays at 6:00am on KTSF Channel 26 and KOFY Channel 20.

Archbishop Cordileone's New Video Channel:

Please visit: <http://sfarchdiocese.org/home/archbishop/video-series-with-archbishop-cordileone>
EWTN (Eternal Word Television Network) Videos— Television, Online Live Streaming & Radio
<http://www.ewtn.com/multimedia/live.asp>

VATICAN YOUTUBE CHANNEL <https://www.youtube.com/user/vatican#p/a>

BIBLIACLERUS http://www.clerus.org/bibliaclerus/index_eng.html

"This program offers Sacred Scripture, its interpretation in light of Sacred Tradition and the teachings of the Magisterium, with appropriate theological commentary and exegesis."

CATHOLIC CATECHISM COMPENDIUM

http://www.vatican.va/archive/compendium_ccc/documents/archive_2005_compendium-ccc_en.html

CORPORAL & SPIRITUAL WORKS OF MERCY

The corporal and spiritual works of mercy are charitable actions by which we come to the aid of our neighbors in their spiritual and bodily necessities. The spiritual and corporal works of mercy seek to help alleviate human misery – material deprivation, unjust oppression, physical and psychological illness and death. Such misery is an obvious sign of our inherited human frailty and need for salvation as a consequence of original sin. We are obliged to perform the works of mercy, according to our own ability and the need of our neighbors. It is important to remember that ordinary deeds done every day to receive the corporal or spiritual needs of others are true works of mercy, if done with the love of God. Taking care of children, teaching children and adults about the faith, caring for elderly parents or a sick child or spouse are some Additional examples.



Corporal Works of Mercy

- * feed the hungry * give drink to the thirsty *
- * clothe the naked * shelter the homeless *
- * visit the sick * visit the imprisoned * bury the dead.

Spiritual Works of Mercy

- * counsel the doubtful * instruct the ignorant *
- * admonish sinners * comfort the afflicted *
- * forgive offenses * bear wrongs patiently*
- * pray for the living and the dead.

EXAMINATION OF CONSCIENCE

Before celebrating the Sacrament of Penance, one should prepare themselves with an examination of conscience.

I am the Lord your God: you shall not have strange Gods before me. Have I treated people, events, or things as more important than God?

You shall not take the name of the Lord your God in vain. Have my words, actively or passively, put down God, the Church, or people?

Remember to keep holy the Lord's Day. Do I go to Mass every Sunday (or Saturday Vigil) and on Holy Days of Obligation Do I avoid, when possible, work that impedes worship to God, joy for the Lord's Day, and proper relaxation of mind and body?

Honor your father and your mother. Do I show my parents due respect? Do I seek to maintain good communication with my parents where possible? Do I criticize them for lacking skills I think they should have?

You shall not kill. Have I harmed another through physical, verbal, or emotional means, including gossip or manipulation of any kind?

You shall not commit adultery. Have I respected the physical and sexual dignity of others and of myself?

You shall not steal. Have I taken or wasted time or resources that belonged to another?

You shall not bear false witness against your neighbor. Have I gossiped, told lies, or embellished stories at the expense of another?

You shall not covet your neighbor's spouse. Have I honored my spouse with my full affection and exclusive love?

You shall not covet your neighbor's goods. Am I content with my own means and needs, or do I compare myself to others unnecessarily?

Blessing of St. Francis of Assisi

“God bless you and keep you. May God smile on you, and be merciful to you; May God turn his regard towards you and give you peace. May God bless you.”

ASSISI PARDON

PORZIUNCULA PARDON is always available under the conditions the Catholic Church has stipulated.

The conditions for receiving the Porziuncula Pardon are:

To receive the the Porziuncula Indulgence on August 2, one must receive sacramental absolution and receive Holy Communion at Mass during the Period beginning eight days before the Feast of Our Lady of the Angels and ending eight days after August 2. Additionally, on August 2 itself, one must visit a church where one prays at least the Creed and an Our Father for the intentions of the Pope. Additionally, one must be completely free of any attachment to sin; if this condition is not met, the indulgence is partial rather than plenary.

However, at the National Shrine of St. Francis of Assisi, the Pardon of Assisi may be received on August 2 (either at the Shrine Church or the Porziuncula Nuova chapel); on October 4th, the Feast of St. Francis of Assisi (in the Shrine Church); on any two days of one's own choosing during the year (one day in the Church and one day in the Porziuncula Nuova); and as often as one makes a formal pilgrimage as part of a group to the Shrine Church or to the Porziuncula Nuova. (One may receive a plenary indulgence only once a day and it may be applied to oneself or to the soul of one of the faithfully departed. All the same conditions as on August 2nd apply.)