



NATIONAL SHRINE OF SAINT FRANCIS OF ASSISI

SERVED BY THE CAPUCHIN FRANCISCANS

Very Reverend John De La Riva, O.F.M. Cap., Rector

**MOST REVEREND SALVATORE J. CORDILEONE, J.C.D.
ARCHBISHOP OF SAN FRANCISCO**

February 10, 2019

Fifth Sunday in Ordinary Time

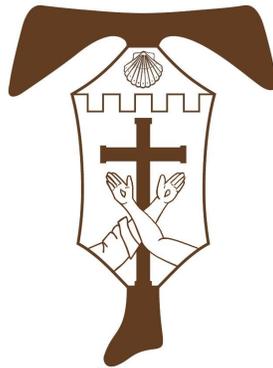
When the fishermen brought their boats to the shore,
they left everything and followed him.

— *Lk 5:11*

MASS TIMES

MONDAY — SATURDAY:
12:15 PM

SUNDAY: 11:00 AM



CONFESSIONS

MONDAY—SATURDAY:
11:00 AM—12:00 Noon

Also by appointment

NATIONAL SHRINE HOURS

**HISTORIC CHURCH: 10:00AM - 5:00PM MONDAY - SATURDAY
10:00AM - 2:00PM SUNDAY**

OPEN CERTAIN HOLIDAYS

**PORZIUNCOLA CHAPEL: 10:00AM - 4:00PM MONDAY - SATURDAY
10:00AM - 2:00PM SUNDAY**

SATURDAYS IN THE CHAPEL:

HOLY ROSARY SODALITY AT 2:30PM & CHAPLET OF DIVINE MERCY AT 3:00PM

FIRST SATURDAYS IN THE HISTORIC CHURCH:

ST. PADRE PIO PRAYER GROUP 10AM—1PM

Marriages at the Shrine • By special permission • All inquiries: Please contact the Shrine office for Rector's initial assessment • Note: Arrangements at least six months in advance

Baptism • Contact the Shrine office for details

Church & Office: 610 Vallejo Street (at Columbus) San Francisco, CA 94133

Office: (415) 986-4557 **Hours:** Mon. - Fri. 9:00 am - 5:00 pm

Email: info@shrinesf.org **Website:** ShrineSF.org



ELEVATOR ACCESS: Please ask the Rector or one of our Shrine volunteers if you need assistance with our Main Church elevator, or automatic door for the Porziuncola Nuova chapel.

SUNDAY'S READINGS

First Reading — Isaiah is called to be a messenger for the Lord and responds, "Send me!" (*Isaiah 6:1-2a, 3-8*).

Psalm — In the sight of the angels I will sing your praises, Lord (*Psalm 138*).

Second Reading — Paul reminds us of the gospel he preached through which we are saved, if we believe it (*1 Corinthians 15:1-11 [3-8, 11]*).

Gospel — Jesus directs Simon to take his boat into deep water for a miraculous catch of fish. (*Luke 5:1-11*).

DAILY MASS READINGS

Monday: *Our Lady of Lourdes*
Gn 1:1-19; Ps 104:1-2a, 5-6, 10, 12, 24, 35c; Mk 6:53-56

Tuesday: Gn 1:20 — 2:4a; Ps 8:4-9; Mk 7:1-13

Wednesday: Gn 2:4b-9, 15-17; Ps 104:1-2a, 27-28, 29bc-30; Mk 7:14-23

Thursday: *Sts. Cyril, Monk, and Methodius, Bishop*
Gn 2:18-25; Ps 128:1-5; Mk 7:24-30

Friday: Gn 3:1-8; Ps 32:1-2, 5-7; Mk 7:31-37

Saturday: *B.V.M.*
Gn 3:9-24; Ps 90:2-4abc, 5-6, 12-13; Mk 8:1-10

PRESIDENTS' DAY HOLIDAY

Monday, February 18

The historic church, Porziuncola chapel and Shrine office will be **CLOSED** in observance of the U.S. holiday. There will be no confessions or Mass.

The Shrine will return to the regular schedule on Tuesday, Feb. 19.

"COME & SEE" WEEKEND



Over three days from January 25-27, eight young men experienced a glimpse of the life of the Capuchins. There was communal prayer and fraternity at the student house in Berkeley, participation in the Walk for Life in downtown San Francisco and a visit to the National Shrine.

Please pray for these candidates as they discern God's calling in their life.

Mass Intentions — FEBRUARY 10 to 16

Sunday 11:00 am Pascal Hgothadi (*Birthday*)
Monday 12:15 pm Mary Jane Di Theodore (*Intention*)
Tuesday 12:15 pm † Francis P. Havey
Wednesday 12:15 pm Jane Ong (*For safe delivery and health of baby*)
Thursday 12:15 pm Mai Family (*Thanksgiving*)
Friday 12:15 pm † Concetta Di Theodore
Saturday 12:15 pm Joseph Price (*Intention*)

The Capuchins

Reflections on the Wisdom from St. Francis

by Fr. Bobby

"The Lord's sheep followed Him in tribulation and persecution, in shame and hunger, in weakness and temptation, and in other ways...It is a great shame for us, the servants of God, that the saints have accomplished great things and we only want to receive glory and honor by recounting them." Admonition VI.

Francis of Assisi as a young man would hear the songs of the troubadours and dream of exploits in war. When he was actually involved in Assisi's war against Perugia, he found out the reality was very different from the romantic notions found in the songs. It was the same with serving God: it is a beautiful ideal, but it takes a lot of effort to live the gospel of God's love. It was that love that led Jesus to the cross. Francis was tempted many times in his life to give it up, to say it was too hard to follow Jesus on the road to Calvary. But each time he turned to God and reflected on the love Jesus Christ showed on that way of the cross, and how He rose from the dead to lead us to salvation. And Francis kept walking. God bless and keep you!

Fr. Robert Barbato, OFM Cap. is the pastor of Old Mission Santa Inés in Solvang, CA.



Order of Friars Minor
Capuchins (O.F.M. Cap.)

www.olacapuchins.org

Capuchin Franciscans
WESTERN AMERICA PROVINCE

Discerning a vocation?

Could a friar's life be for you?

Contact: Fr. Peter Banks, OFM Cap.

Email: peterbanksofmcap@yahoo.com; Phone: 805.686.4127

Website: www.BeAFriar.com

Want to talk about your vocation questions?

Fr. John, the Shrine Rector can be available—contact the Shrine office. Peace

ST. FRANCIS AND THE SULTAN: AN ENCOUNTER OF PEACE BETWEEN CHRISTIANS AND MUSLIMS

by Phillip Kosloski, *Aleteia.org*

Putting his life at risk, St. Francis boldly approached the Sultan of Egypt to plead for peace and preach the Gospel.

In the midst of the Crusades, the Sultan of Egypt Malek al-Kamil (nephew of Saladin) declared that anyone who delivered him the head of a Christian would be rewarded with a Byzantine gold piece. Fighting had been fierce and the Sultan wanted to put a definitive end to the conflict. By August 1219 his armies succeeded in defending the stronghold of Damietta, killing about 5,000 crusaders in the process.

Then came St. Francis of Assisi.

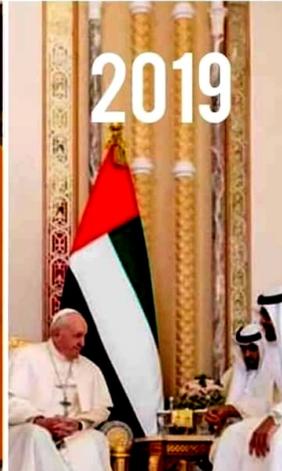
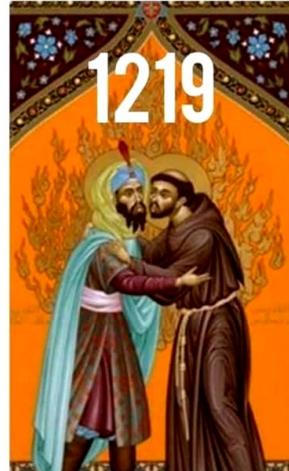
St. Francis and Br. Illuminatus boldly went across the battle lines unarmed and were quickly captured by the Sultan's army and badly beaten. However, the soldiers spared their lives and brought them before the Sultan.

St. Bonaventure described the encounter, writing, "The sultan asked them by whom and why and in what capacity they had been sent, and how they got there; but Francis replied that they had been sent by God, not by men, to show him and his subjects the way of salvation and proclaim the truth of the Gospel message. When the sultan saw his enthusiasm and courage, he listened to him willingly and pressed him to stay with him." It is said that Francis greeted the Sultan with the greeting, "May the Lord give you peace," similar to the traditional Muslim greeting of, "Assalam o alaikum" or "Peace be upon you." This surprised the Sultan who was quickly enraptured by Francis' holiness.

Francis proceeded to preach the Gospel to the Sultan in such a way that al-Kamil was not offended and did not end Francis' life immediately for blasphemy. The Sultan could see the love that flowed from Francis and was astonished by his boldness. They spoke together of the spiritual life and reflected on each other's traditions.

The two friars stayed in the Muslim camp for several days and departed on peaceful terms. Before they left al-Kamil wanted to give Francis lavish gifts, but Francis refused according to his vow of poverty. This too left al-Kamil speechless as he was not aware of a man who refused earthly honors. Francis eventually accepted the single gift of an ivory horn that is currently on display in Assisi.

The encounter changed al-Kamil, who gave safe passage to St. Francis and his companions and began to treat Christian prisoners of war with surprising kindness. The Sultan proceeded to negotiate for peace with the crusaders, asking them to leave Egypt, but the efforts ultimately failed. By 1221 al-Kamil offered peace again, which was refused, and he consequently opened the floodgates of the Nile to further deter them. The crusaders then agreed to an 8-year peace agreement.



POPE FRANCIS: JOURNEY TO UAE PART OF THE "SURPRISES" OF GOD

At his General Audience on Wednesday (February 6), Pope Francis reflected on his Apostolic Journey to the United Arab Emirates (Feb. 3—5).

Although brief, the Apostolic Journey to the United Arab Emirates "wrote a new page in the history of dialogue between Christianity and Islam," Pope Francis said Wednesday, "and in the commitment to promote peace in the world on the basis of human fraternity".

Keeping the love of Christ at heart

Speaking at the weekly General Audience, Pope Francis said that he was mindful that his Journey — the first ever papal visit to the Arabian Peninsula — came during the 800th anniversary of St Francis of Assisi's encounter with the Sultan al-Malik al-Kamil. "I thought about St Francis during this journey", the Pope said. "It helped me to keep the Gospel, the love of Jesus Christ, in my heart as I experienced the various moments of the visit".

Sons and daughters of God

Pope Francis went on to reflect on some of the high points of the Journey. He pointed to the signing of the *Document on Human Fraternity*, with the Grand Imam of Al-Azhar, which the Pope said represents another step forward. In this document, he said, "we affirmed the common vocation of all men and women to be brothers and sisters, insofar as all are children of God". The two leaders also condemned "every form of violence, especially those clothed in religious motivations", and committed themselves "to spreading authentic values and peace throughout the world". The Holy Father encouraged people to read the *Document* "because it gives so much impetus to move forward in the dialogue on human fraternity".



Defending common values

Pope Francis noted that there is "a strong temptation" in our day "to see a clash between Christian and Islamic civilization, and to consider religions as a source of conflicts". He explained that the signing of the document was meant to be a "clear and decisive" sign that, "despite a diversity of cultures and traditions, the Christian world and the Islamic world appreciate and defend common values".

Praying for peace and justice

Finally, the Holy Father reflected on his encounter with the Christian people who live in the UAE. During the Mass at Zayed Sports City Stadium, he said, "we prayed in a particular way for peace and justice, with special intentions for the Middle East, and for Yemen" in particular.

The Apostolic Journey to the United Arab Emirates "relates to the 'surprises' of God", the Pope said in conclusion. "So let praise Him and His providence, and pray that the seeds sown might bring forth fruits according to His holy will".

Christopher Wells, VaticanNews.va

TINY HEARTBEATS "THUNDER" AT JAN. 26 WALK FOR LIFE WEST COAST

In what will surely go down as the most memorable moment in the 15 year history of the Walk for Life West Coast, seven pregnant women and their unborn children ascended the stage, put microphones to their bellies, and filled San Francisco's Civic Center Plaza with the sounds of tiny heartbeats.

The heartbeats, tiny though they were, were a thundering repudiation of the Culture of Death, so recently and tragically exemplified by the state of New York's legalization of the murder of such children right up to the moment of birth.

The heartbeats brought an unprecedented response from the tens of thousands of proliferators who overflowed the plaza, and even shook the organizers. "I had tears in my eyes," said Walk for Life co-chair Eva Muntean "and it literally sent a shiver down my spine. So beautiful, so fragile, so vulnerable." Attendees were equally moved, with photographs showing some women wiping their eyes, while others were moved to elation. The online comments about the experience included "amazing"... "awesome"... "beautiful"... "fantastic," and "Fue el sonido más hermoso que escuche" ("The most beautiful sound I ever heard").



At 1:30pm the Walkers left Civic Center Plaza heading down Market Street to the Ferry Building. CBS Local affiliate KPIX estimated the crowd at 50,000. As always, there were a small group of anti-life protesters—this year the smallest ever, numbering between 25-30 people. Walkers came from all over the western United States and as far away as Wyoming, Nebraska, and even the island of Fiji. Catholic High School representation was the highest yet, and the enormous number of young people lent the day its characteristic joy-filled and hopeful tone.

But great though the speakers and Walkers were, the 15th Annual Walk for Life West Coast will always be remembered for the tiny heartbeats of the babies.

Press release, WalkForLifeWC.com

ESSENTIAL ELEMENTS OF A GOOD CONFESSION

By Lindsey Kettner, RelevantRadio.com

How can you be sure you've made a good Confession and it's acceptable to Christ? This question, on the mind of Twitter follower, was one that Patrick Madrid happily answered on-air this week.

"When you go to Confession, there are certain ingredients that are necessary to fulfill," explained Madrid, host of The Patrick Madrid Show. "You have to be truly sorry for your sins. You have to seek to avoid those sins in the future, and that would include having a firm purpose of amendment and having the desire to avoid the near occasion of sin. Which means whatever those persons, places, or things are that tend to sort of tip you into committing sins, try to avoid them and have the intention to avoid that. And be truly sorry!"

In order to make a good Confession, how should we confess our sins to the priest? "If you have any serious sins, then you confess number and kind. Kind meaning what kind of sin was it? 'I stole a pack of gum from the store,' or whatever the sin was: you confess what it was and the number of times. And if you don't know the number of times then you estimate: 'I don't know Father, I think this happened ten times' or whatever. And then you will know that you have made a good Confession," said Madrid.

"So if you hold nothing back, you're being honest with God and with the confessor, you have a desire to repent of your sins, you're sorry for what you did, you don't want to do them again, you're asking God for his grace—there's your answer. And it's a wonderful, liberating feeling. If you haven't felt that feeling yet when you walk out of the confessional walking on six inches of air because you've just unburdened yourself it is the most marvelous feeling I can imagine. And that awaits *everybody* who makes a good Confession! **Just remember ... the worst sinner is one good Confession away from becoming a saint!**"

CATHOLIC RESOURCES

RELEVANT RADIO: San Francisco—Bay Area— **KSFBS – 1260 AM**, plus now on **101.7 FM**
Live Stream : www.relevantradio.com, Click  at the top of the webpage

TV MASS: Sundays at 6:00am on KTSF Channel 26 and KOFY Channel 20.

Archbishop Cordileone's New Video Channel:

Please visit: <http://sfarchdiocese.org/home/archbishop/video-series-with-archbishop-cordileone>
EWTN (Eternal Word Television Network) Videos— Television, Online Live Streaming & Radio
<http://www.ewtn.com/multimedia/live.asp>

VATICAN YOUTUBE CHANNEL <https://www.youtube.com/user/vatican#p/a>

BIBLIACLERUS http://www.clerus.org/bibliaclerus/index_eng.html

"This program offers Sacred Scripture, its interpretation in light of Sacred Tradition and the teachings of the Magisterium, with appropriate theological commentary and exegesis."

CATHOLIC CATECHISM COMPENDIUM

http://www.vatican.va/archive/compendium_ccc/documents/archive_2005_compendium-ccc_en.html

Any and all signs, posters, fliers, pamphlets, booklets, etc. must be submitted to the Rector for review, possible edit or revision, and necessary authorization before the desired materials can be properly posted, displayed or distributed on the properties of the *National Shrine of St. Francis of Assisi. Furthermore, any and all Solicitation, petition signing, and promotion of any and all entities outside of the Nat'l. Shrine itself is prohibited without prior approval of the Shrine Rector. It is also Shrine Policy that the removal, altering, and or discarding of any and all approved signage, posters, pamphlets, booklets, etc. will be by Shrine Rector authorization only. Any and all materials that do not abide by this Policy of the Rector: Fr. John De La Riva, OFM Cap., will be removed and confiscated.

*Please note: The St. Francis Church, the Portiuncola Nuova Chapel, and the Rectory residence together constitute the properties of the National Shrine of St. Francis of Assisi.