



# THE NATIONAL SHRINE OF SAINT FRANCIS OF ASSISI

SERVED BY THE CAPUCHIN FRANCISCANS

**The Very Reverend John De La Riva, O.F.M. Cap., Rector**

**MOST REVEREND SALVATORE J. CORDILEONE, J.C.D.**

**ARCHBISHOP OF SAN FRANCISCO**

## **The Baptism of the Lord**

**January 10, 2016**

He saved us through the bath of rebirth and renewal by  
the Holy Spirit.

— *Titus 3:5*

### **MASS**

**Sunday 11:00 AM**

**Monday - Saturday 12:15 PM**

### **CONFESSIONS**

**Monday - Saturday 11:00 AM - 12 noon (and by appointment)**

## **NATIONAL SHRINE VISITATION**

*OPEN CERTAIN HOLIDAYS*

**CHURCH: 10:00 - 5:00 MONDAY - SATURDAY**

**PORZIUNCOLA CHAPEL: 10:00 - 5:00 DAILY**

**SATURDAYS IN THE CHAPEL:**

**HOLY ROSARY SODALITY AT 2:30 & CHAPLET OF DIVINE MERCY AT 3:00**

Please visit us on the Web, at: [www.ShrineSF.org](http://www.ShrineSF.org) for information about the National Shrine of St. Francis,  
and the Archdiocese of San Francisco.

While there, click on our on-line Gift shop: **SHOPPE AT THE SHRINE**, where you'll find a vast  
assortment of religious goods. **Note** that a percentage of all sales goes to support the life and  
mission of the National Shrine of St. Francis of Assisi.

**ELEVATOR ACCESS:** Please ask the Rector or one of our Shrine volunteers  
if you need assistance with our Main Church elevator, or automatic door for  
the Portiuncula Nuova chapel.

610 Vallejo Street @ Columbus  
San Francisco, CA 94133  
P: 415 986-4557 - [info@shrinesf.org](mailto:info@shrinesf.org)

# NATIONAL SHRINE INFORMATION

## Saint Francis of Assisi QUOTE OF THE WEEK

"Blessed the man who is patient with his neighbor's shortcomings as he would like him to be if he were in a similar position himself."

## Mass Intentions—January 10—January 16, 2016

Sunday	11:00 am	+Francis and Trudy Mulcahy (Requested by Katherine Mulcahy)
Monday	12:15 pm	+Mother Theresa of Calcutta (Requested by Theresa D'Alba)
Tuesday	12:15 pm	+Joseph Manzione (Requested by Jerry Verdi)
Wednesday	12:15 pm	+Patricia R. Barton (Requested by J.C. Scarborough & Family)
Thursday	12:15 pm	+Stephanie Clair Adams Lee (Requested by Jamie Sawyers)
Friday	12:15 pm	Theresa D'Alba-Intention (Requested by Theresa D'Alba)
Saturday	12:15 pm	+Roy Mottini (Requested by Linda & Bob Kozlowski)

## Franciscan Saints —Month of January

**Jan. 12,** St. Bernard Corleone;

**Jan. 16,** St. Berard and Companions, ProtoMartyrs of the Franciscan Order;

**Jan. 23,** St. Marianne Cope.

## FROM FR. JOHN DE LA RIVA, RECTOR

### "AMBASSADOR OF MERCY "

Brothers and sisters, note that in this Jubilee year of Mercy, I have been selected by my Province of the Capuchin Franciscans (and accepted by Pope Francis) to be an Ambassador of Mercy – along with several hundred other Franciscans from around the world.

In the first part of February, I will travel to Rome to be commissioned personally by the Pope as an ambassador of Mercy. Among the liturgies and other ceremonies taking place, there will be a private Mass for all the Franciscans with the Pope, and a conference where the Pope will personally explain the Mission of Mercy for those commissioned.

As Rector, I ask for your prayers, to assist me in my spiritual preparation for this pilgrim journey in response to Pope Francis' call of Mercy. I also invite all of you to spiritually join with me in this journey of Mercy - that we pray will continue beyond the time of a Jubilee year. Let us together, begin a journey of prayerful transformation as a community of gentle compassion and mercy that can nurture true healing, reconciliation and greater unity. Will you join me in making this a daily petition(?)



### (In The Jubilee Year of Mercy)

"It is a favorable time to heal wounds, a time to offer everyone the way of forgiveness and Reconciliation" - *Pope Francis*

#### **NOTE: Rector Away on the following dates:**

Priest Retreat, Jan. 12-15

(Shrine covered by Fr. Alan Wilson)

"Mercy" Rome Trip

Jan. 31 (Shrine covered by Fr. Hai Ho)

Feb. 1-12 (Shrine covered by Fr. Alan Wilson)

#### **Lent/Easter Season:**

Ash Wednesday-Feb.10;

Palm Sunday-March 20; Good Friday March 25;

Easter Sunday March 27;

Divine Mercy Sunday-April 3

★ All signs, posters, fliers, pamphlets, booklets, etc. must be submitted to the Rector for review, possible edit or revision, and necessary authorization before the desired materials can be properly posted, displayed or distributed on the properties of the National Shrine of St. Francis.

(The Main Shrine Church and the Porziuncola Nuova Chapel together constitute the National Shrine.)

Any and all materials that do not abide by this Policy, of the Rector:, Fr. John De La Riva, O.F.M.Cap., will be confiscated and removed. Cooperation is appreciated.

## TODAY'S READINGS

**First Reading**—Isaiah speaks of the Servant whom the Lord upholds; he shall bring forth justice to the nations (Isaiah 42:1-4, 6-7) or Isaiah 40:1-5, 9-11.

**Psalm** - The Lord will bless his people with peace (Psalm 29) or Psalm 104.

**Second Reading** - Jesus was anointed by God with the Holy Spirit; he went out healing and doing good (Acts 10:34-38) or Titus 2:11-14; 3:4-7.

**Gospel** - A voice comes from heaven proclaiming Jesus as the beloved Son, with whom God is well pleased (Luke 3:15-16, 21-22).

## MANIFESTING THE SPIRIT

The Christmas season closes this Sunday with the Baptism of the Lord. This feast is a sister to last week's feast of the Epiphany. Each of them celebrates an "epiphany," or a manifestation of the Spirit of God in Jesus—first in his birth, and now at his baptism. The divine Spirit is manifested in all of the scriptures for this feast. Psalm 104 highlights the Spirit of God creating and renewing the earth, while the reading from Isaiah describes God restoring Israel. In Luke's account of the baptism of the Lord the Holy Spirit descends upon Jesus. And the letter to Titus reminds us that the Holy Spirit was "richly poured out" on us also, through the "bath of rebirth" (Titus 3:5, 6).

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## Treasures from Our Tradition EUCCHARISTIC FAST

Fasting before Communion has been a practice from ancient times. It was prescribed by the Councils of Carthage (A.D. 254) and Antioch (A.D. 268) and became universal by the fifth century. Prior to 1953 the faithful fasted from midnight on, including from water and medicine (viaticum being an exception).

In 1953 and again in 1957, Pope Pius XII reduced the time to three hours from solid food and alcoholic drink (from before Mass for priests and from before Communion for Laity); non-alcoholic drink, one hour, water no longer included in the fast. In 1964, Pope Paul VI further reduced the fast to ONE HOUR, including all food and drink, allowing water and medicine any time. In 1973 the fast was reduced to fifteen minutes FOR THE ELDERLY AND SICK, including those attending them IF one hour would be too difficult.

## Rite of Christian Initiation for Adults (RCIA):

For our visitors and friends at the National Shrine of Saint Francis of Assisi, if you are interested in becoming a Catholic or completing your Sacraments of Initiation of First Communion and/or Confirmation, or you know someone who is, you are invited to contact our Neighbor Parish—Saints Peter & Paul—666 Filbert Street to inquire about their RCIA and sacramental program offerings. Call Janet Ross at 771-9130, or send an email to janetross9849@yahoo.com

## Around Our Archdiocese

### WALK FOR LIFE—January 23, 2016

The Walk for Life West Coast takes place Jan. 23, 2016 beginning with 9:30 a.m. Mass at St. Mary's Cathedral, Gough Street at Geary Boulevard, San Francisco. Archbishop Salvatore J. Cordileone is principal celebrant and homilist. The event continues with a rally at Civic Center Plaza at 12:30 p.m. and the walk to Justin Herman Plaza: [www.WalkForLifeWC.com](http://www.WalkForLifeWC.com).

### AFTER THE WALK FOR LIFE

**January 23, 2016**

**At the National Shrine of Saint Francis of Assisi**

Just one mile from Justin Herman Plaza

**Mass in the Extraordinary Form**

(Traditional Latin)

**5:00 PM**

**IMMACULATE HEART RADIO** San Francisco—Bay Area— **KSFBS – 1260 AM**

**Live Stream :** <http://ihradio.com/media/sanfrancisco.html>

**CATHOLIC TV MASS:** Sundays at 6:00am on KTSF Channel 26 and KOFY Channel 20.

**Archbishop Cordileone's New Video Channel:**

Please visit: <http://sfarchdiocese.org/home/archbishop/video-series-with-archbishop-cordileone>

EWTN (Eternal Word Television Network) Videos— Television, Online Live Streaming & Radio

<http://www.ewtn.com/multimedia/live.asp>

**VATICAN YOUTUBE CHANNEL** <https://www.youtube.com/user/vatican#p/a>

**BIBLIACLERUS** [http://www.clerus.org/bibliaclerus/index\\_eng.html](http://www.clerus.org/bibliaclerus/index_eng.html)

"This program offers Sacred Scripture, its interpretation in light of Sacred Tradition and the teachings of the Magisterium, with appropriate theological commentary and exegesis."

**CATHOLIC CATECHISM COMPENDIUM**

[http://www.vatican.va/archive/compendium\\_ccc/documents/archive\\_2005\\_compendium-ccc\\_en.html](http://www.vatican.va/archive/compendium_ccc/documents/archive_2005_compendium-ccc_en.html)

## CORPORAL & SPIRITUAL WORKS OF MERCY

The Corporal and Spiritual Works of Mercy are actions we can perform that extend God's compassion and mercy to those in need.

### Corporal Works of Mercy

The Corporal Works of Mercy are these kind acts by which we help our neighbors with their material and physical needs.

- \* feed the hungry \* give drink to the thirsty \*
- \* clothe the naked \* shelter the homeless \*
- \* visit the sick \* visit the imprisoned \* bury the dead.

### Spiritual Works of Mercy

The Spiritual Works of Mercy are acts of compassion, as listed below, by which we help our neighbors with their emotional and spiritual needs.

- \* counsel the doubtful \* instruct the ignorant \*
- \* admonish sinners \* comfort the afflicted \*
- \* forgive offenses \* bear wrongs patiently\*
- \* pray for the living and the dead.



MERCIFUL  
~ LIKE THE ~  
FATHER

### Five Steps For a Good Confession

1. Examine your conscience.
2. Be sincerely sorry for your sins.
3. Confess your sins to a priest.
4. Resolve to amend your life.
5. After your confession, do the penance the priest assigns.

## EXAMINATION OF CONSCIENCE

Before celebrating the Sacrament of Penance, one should prepare themselves with an examination of conscience.

**I am the Lord your God:** you shall not have strange Gods before me. Have I treated people, events, or things as more important than God?

**You shall not take the name of the Lord your God in vain.** Have my words, actively or passively, put down God, the Church, or people?

**Remember to keep holy the Lord's Day.** Do I go to Mass every Sunday (or Saturday Vigil) and on Holy Days of Obligation Do I avoid, when possible, work that impedes worship to God, joy for the Lord's Day, and proper relaxation of mind and body?

**Honor your father and your mother.** Do I show my parents due respect? Do I seek to maintain good communication with my parents where possible? Do I criticize them for lacking skills I think they should have?

**You shall not kill.** Have I harmed another through physical, verbal, or emotional means, including gossip or manipulation of any kind?

**You shall not commit adultery.** Have I respected the physical and sexual dignity of others and of myself?

**You shall not steal.** Have I taken or wasted time or resources that belonged to another?

**You shall not bear false witness against your neighbor.** Have I gossiped, told lies, or embellished stories at the expense of another?

**You shall not covet your neighbor's spouse.** Have I honored my spouse with my full affection and exclusive love?

**You shall not covet your neighbor's goods.** Am I content with my own means and needs, or do I compare myself to others unnecessarily?

### *Blessing of St. Francis of Assisi*

"God bless you and keep you. May God smile on you, and be merciful to you; May God turn his regard towards you and give you peace. May God bless you."

### ASSISI PARDON

PORZIUNCULA PARDON is always available under the conditions the Catholic Church has stipulated.

#### *The conditions for receiving the Porziuncula Pardon are:*

To receive the the Porziuncula Indulgence on August 2, one must receive sacramental absolution and receive Holy Communion at Mass during the Period beginning eight days before the Feast of Our Lady of the Angels and ending eight days after August 2. Additionally, on August 2 itself, one must visit a church where one prays at least the Creed and an Our Father for the intentions of the Pope. Additionally, one must be completely free of any attachment to sin; if this condition is not met, the indulgence is partial rather than plenary.

However, at the National Shrine of St. Francis of Assisi, the Pardon of Assisi may be received on August 2 (either at the Shrine Church or the Porziuncula Nuova chapel); on October 4th, the Feast of St. Francis of Assisi (in the Shrine Church); on any two days of one's own choosing during the year (one day in the Church and one day in the Porziuncula Nuova); and as often as one makes a formal pilgrimage as part of a group to the Shrine Church or to the Porziuncula Nuova. (One may receive a plenary indulgence only once a day and it may be applied to oneself or to the soul of one of the faithfully departed. All the same conditions as on August 2nd apply.)