



National Shrine of St. Francis of Assisi Shrine of the Porziuncola Nuova

610 Vallejo Street, San Francisco California 94133
415-986-4557 website: shrinesf.org



SERVED BY THE CAPUCHIN FRANCISCAN FRIARS

Very Reverend Robert A. Barbato, O.F.M. Cap., Rector
Br. Peter Ciolino, O.F.M. Cap.
Fr. Joyson Thomas, O.F.M. Cap.

MOST REV. SALVATORE J. CORDILEONE, J.C.D. ARCHBISHOP OF SAN FRANCISCO

March 12, 2023

Third Sunday of Lent

Readings:

Ex 17:3-7 ; Romans 5:1-2, 5-8 ; John 4:5-42



Masses:

Tuesday to Saturday, 12:15 p.m. Sunday, 11:00 a.m.

Confessions: Tuesday to Saturday, 11:00 a.m. to 12 noon and by request

Shrine Church Hours:

Tuesday to Saturday, 10:00 a.m. to 5:00 p.m. Sundays, 10:00 a.m. to 2:00 p.m.

Shrine is Closed on Mondays

Porziuncola Nuova Hours

Hours will be announced. Visits also by request

Shrine Office: Tuesday to Saturday, 10:00 a.m. to 4:00 p.m.



The National Shrine is a place for pilgrims to honor God in His servant, Francis of Assisi
Although we are not a parish, you may inquire with the office about marriages and baptisms.
Email inquiries to: admin@shrinesf.org



ELEVATOR ACCESS: Please ask the Rector or one of our Shrine volunteers if you need assistance with our Main Church elevator, or automatic door for the Porziuncola Nuova chapel.

Reflection on Today's Scripture:

"My food is to do the will of the one who sent me and to finish his work." Lenten fasting can remind us of an important truth: we eat to live, not live to eat. Food is God's gift. The sense of taste is God's gift, too. But neither is more important than the God who gave them to us.

The young Francis of Assisi was a picky eater, apparently, used to fancy foods. When he decided to serve God, he also decided to do what Jesus said: *Eat what is set before you*. Sometimes this was a feast, sometimes a mess. But in the Lord Francis learned to give thanks and enjoy no matter what. God bless and keep you! *Br. Bobby*

Lent at the Shrine

During Lent we will continue with our present schedule of confessions and masses, but also add the following:

Fridays, 4:00 p.m. Stations of the Cross

Saturdays

4:00-5:00 p.m. Holy Hour with Exposition of the Blessed Sacrament

4:45 p.m. Solemn Evening Prayer

Other Lenten activities will be announced during this holy season.

God Bless You!



Blessing of St. Francis

"God bless you and keep you. May God smile on you, and be merciful to you; May God turn his regard towards you and give you peace. May God bless you."



Mass Intentions —March 5-11, 2023

Sunday:Shrine Community
.....+Charles Quarcini
Monday:*Shrine Closed*
Tuesday:+Ester Machado
Wednesday: ...+Marie Hong Tran
Thursday:+Ester Machado
Friday:+Ester Machado
Saturday:+Ester Machado

Porziuncula Shrine Update

Our beloved Shrine is now open on Thursday and Fridays, 10:00 a.m. to 4:30 p.m. We thank those who are helping us with this, especially the Knights of St. Francis and our own postulant brothers.

God bless!



Interested in following Jesus Christ as a Capuchin Franciscan Friar?

Speak with one of the friars here at the Shrine or Contact:

Fr. Victor Taglianetti, ofm cap.
200 Foothill Blvd.

La Canada Flintridge CA 91011
frvictor.capuchinwest@gmail.com

Visit our website:

<https://CapuchinsWest.org/vocations/>

Order of Friars Minor Capuchins
(O.F.M. Cap.)

www.olacapuchins.org

